

Who are you?

John 4:5-42

Jesus meets a Samaritan woman at the well. After first seeing herself as an outsider, she learns that Jesus' gift of 'living water' is also extended to her. In a scenario that is defined by much division, God's grace and gift, through Jesus, brings a new, united identity as people of God.



Read this week's passage:



Living Scripture

'Come and see a man who told me everything I have ever done!'
John 4:29

Imagine meeting someone whom you have never met before, but they somehow seem to know everything about you! How might you feel? Freaked out? Confused? Like it might be a trick? You might ask them, 'Who are you?'

When Jesus meets a woman at a well, he knows all about her, despite the fact that they have never met before. We might expect the woman to feel uncomfortable or awkward about this (and maybe she did), but she clearly recognises this as a sign of who Jesus might be – the long-awaited Messiah; the person who would save them. So, she rushes to tell other people about him and invites them to meet him too.

Jesus knows about each of us, loves each one of us and wants to have a relationship with each of us, so we can all know his love and care.

You might like to pray that this week, you, and the people in your life, would especially know Jesus' love and care.

First impressions

- What thoughts and feelings does this, Danielle Bilen's 'She Lived To Tell' painting of the woman at the well, provoke in you?
- How do you think Jesus 'sees' you?
- In what ways has your life been transformed by knowing Jesus? Have you told everyone?



WATCH



Watch an episode of *DNA Journey* or *Who Do You Think You Are?* and think about your own family history and who you are in the big family of God.

Research



Droughts and hosepipe bans are becoming more common in the UK because of water shortages. Research what you can do to save water at home. For more information about the current situation, scan the QR code.

Pray



Lord,
thank you that you choose to reveal yourself to us and that you know us, love us, and sustain us.
Help us to return to you, again and again,
to be refreshed and renewed by your living water.
Amen.

Pray



Cut a flower outline from paper. Onto the centre of the flower write a prayer of thanks. Fold the edges of the flower in to cover this. Take a small bowl of water and place the bottom of the prayer shape on top of the water. Watch as the petals open out, opening your prayer to God.

RECYCLE



Have a go at making a plastic bottle water fountain. For instructions, scan the QR code.

