Resources for Mothering Sunday

 CHILDREN

Do

Appreciating mothers  15 mins  W
Tell the story of a young monkey searching for his mother

You will need: a copy of Monkey Puzzle by Julia Donaldson, (optional) a toy monkey.
• Read aloud Monkey Puzzle, using the soft toy to help you.
• Ask the children: How do you think the monkey felt when he couldn’t find his Mummy? What do you appreciate most about your Mum/ Aunty/Grandma? What would you miss without them? If you were the monkey, how would you feel at the end of the story?
• You could link the story with Jesus’ parable of the lost sheep, relating how the shepherd does not give up until he finds his lost sheep. Ask: If God is like a shepherd, how might he feel about each of us as his children?

Make

You deserve a cuppa  10 mins  E A
Create a card for someone special

You will need: teacup template (see below), copied onto card, one per child, teabags, one per child, felt tips, scissors, sticky tape.
• Give everyone a teacup template to decorate and cut out.
• Encourage the children to write a thank you message to their Mum/ Aunty/Grandma inside the card.
• Give everyone a teabag to attach to the opposite side of the card so the recipient can enjoy a rewarding cup of tea.
• If children are keen to help make the cup of tea, ensure they know that adult supervision is required.

 YOUNG PEOPLE

Do

God’s heart  10 mins  W S
Think about mothers in different situations

You will need: a large red card heart, sticky notes, pens.
• Discuss the diversity of mothers and family situations that people find themselves in, e.g. new mums; mums-to-be; those who desperately want to be mums; step-mums; mums who foster or adopt; mums who are both mums and dads to their children; dads who are both mums and dads; mums who are in prison; mums whose children have died; mums whose children live far away; mums whose children are estranged from them; those whose mums or grandmas are very ill; those whose mums or grandmas are no longer with them.
• Invite the young people to write down on sticky notes each type of mother or family situation mentioned in the discussion.
• Invite them, one by one, to say, ‘We pray for …’ and read out what is written on their sticky note, then place it inside the large heart as a symbol that God loves everyone, regardless of their family situation or relationships.
• Leave a few moments’ silence between each prayer and finish with a corporate Amen.

Pray

Prayer cubes  10 mins  S
A fun way to pray for your family

You will need: cube template copied onto card, one per child, felt tips, scissors, glue sticks.
• Give everyone a cube template and ask the young people to decorate each side of their cube with the name of someone in their family.
• They can then cut out and stick the prayer cube together.
• Invite everyone to practise rolling their cube and praying for the person whose name ends up on top.