

## Resources for Mothering Sunday

### ALL-AGE

#### Do

##### Watch *Brave*

15 mins **WES**

Use a film clip as a way into confession

**You will need:** DVD of Disney Pixar film *Brave* [PG]

- Show the film clip (start: 12:22; finish: 15:31) and talk about the relationship between Merida and her mother. Who do they think is in the right and who is in the wrong? How might they have acted in a similar situation? How might God resolve such a disagreement?
- Explain that because of Merida's desire to 'change her mother', Merida's mother is magically transformed into a bear. The rest of the film involves Merida trying to put right her mistake.
- Show a second clip from the lead up to the finale (start: 1:17:20; finish: 1:20:02). Talk about the transformation in the relationship between Merida and her mother. How have the dynamics changed? How might God feel about this?
- Lead into a time of private confession when the congregation can reflect on their own relationships with people they look up to. Close with some words of forgiveness.



#### Make

##### Felt flowers

10 mins **ES**

A visible celebration of mothering

**You will need:** paper straws, enough for one per person, different felt flower shapes and colours, colourful buttons, strong glue dots or PVA glue.

Mothering Sunday is not simply a day for mothers and grandmothers. Today we celebrate motherly qualities in those we admire, e.g. love, care, encouragement.

- Give everyone the opportunity to make a felt flower. Arrange and stick layers of different coloured and shaped petals on top of each other. Stick a button in the centre and attach a straw behind the flowerhead as a stalk.
- Invite people to swap their flowers with someone in the congregation whose motherly qualities they admire, or give their flower to someone they know outside church.

