Resources for Mothering Sunday

ALL-AGE

Do

Watch Brave

15 mins  W E S

Use a film clip as a way into confession

You will need: DVD of Disney Pixar film Brave [PG]

• Show the film clip (start: 12:22; finish: 15:31) and talk about the relationship between Merida and her mother. Who do they think is in the right and who is in the wrong? How might they have acted in a similar situation? How might God resolve such a disagreement?

• Explain that because of Merida’s desire to ‘change her mother’, Merida’s mother is magically transformed into a bear. The rest of the film involves Merida trying to put right her mistake.

• Show a second clip from the lead up to the finale (start: 1:17:20; finish: 1:20:02). Talk about the transformation in the relationship between Merida and her mother. How have the dynamics changed? How might God feel about this?

• Lead into a time of private confession when the congregation can reflect on their own relationships with people they look up to. Close with some words of forgiveness.

Make

Felt flowers

10 mins  E S

A visible celebration of mothering

You will need: paper straws, enough for one per person, different felt flower shapes and colours, colourful buttons, strong glue dots or PVA glue.

Mothering Sunday is not simply a day for mothers and grandmothers. Today we celebrate motherly qualities in those we admire, e.g. love, care, encouragement.

• Give everyone the opportunity to make a felt flower. Arrange and stick layers of different coloured and shaped petals on top of each other. Stick a button in the centre and attach a straw behind the flowerhead as a stalk.

• Invite people to swap their flowers with someone in the congregation whose motherly qualities they admire, or give their flower to someone they know outside church.

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